

# A **CLEAN** bathroom equals a peaceful, happy LIFE

## Daily Bathroom (10 minutes)

- Pick up and PUT AWAY everything that is out of place.
- Empty the garbage and replace liner.
- Hang towels nicely
- Spray shower walls and shower curtain or glass door with daily shower spray (vinegar 1:3 water)
- Clean mirror with glass cleaner.
- Wipe the sink basin clean with a damp washcloth with 1 drop dishsoap.
- Buff water spots off of faucet.
- Clean countertop with same washcloth as you used for the sink. Never use vinegar on granite--it will etch the granite.
- Spray same washcloth with disinfectant spray and wipe toilet seat, top and bottom, and the toilet rim.
- Sweep the floor and spot mop where needed.
- Shake the rug outside (beat it if necessary) and replace.
- Return and report

## Weekly Bathroom (1 hour)

### Pre-Treat

- Turn toilet shutoff valve to the right and flush to get rid of the water. Spray toilet bowl, toilet seat (top and bottom), hinges, and exterior of toilet with disinfectant and let soak.
- Empty shower/tub and spray with soap scum cleaner. Leave them to soak
- Spray sink and faucet with disinfectant spray and leave them to soak.

### Tidy and dust

- Pick up and PUT AWAY everything that is out of place.
- Empty the garbage. Spray garbage receptacle with disinfectant and let soak.
- Spread towels and rug on the floor to collect used washcloths.
- Dust light fixtures and ventilation cover with long-handled duster.
- Dust corners and where walls meet ceiling with long-handled duster.
- Wipe down door jams, moldings, baseboards, light switches, walls with damp washcloth.
- Squeegee mirror with glass cleaner

### Scrub shower/bathtub

- Scrub shower walls and things that have been soaking with Soap Scum cleaner; rinse.
- Spray shower glass with glass cleaner and squeegee after removal of soap scum.

### Vanity

- Remove canisters/jars/everything from countertop.
- Clean out and organize drawers and shelves inside vanity, throw away garbage and PUT AWAY things that don't belong, then wipe drawers and shelves down with DRY microfiber cloth.
- Wipe down wood front and sides of vanity with damp washcloth with one drop dishsoap.
- Scrub sink soaked with disinfectant cleaner.
- Wipe countertop with DRY microfiber cleaning cloth.
- Wipe countertop again using washcloth LIGHTLY dampened with disinfectant spray. Chemicals left on granite will etch it, so only spray the washcloth and spray it lightly.
- Return everything to the vanity, wiping down containers as you go.
- Clean and refill handsoap dispenser. Be sure to wipe down the outside of the dispenser.

### Toilet

- Spray the outside of the toilet again with disinfectant and wipe down with damp washcloth.
- Again lightly spray the hinges and toilet seat with disinfectant and wipe down with damp washcloth.
- Use same washcloth to thoroughly scrub toilet bowl, including up under the rim and down into the p trap, then place gross washcloth on the towel/rug on the floor.

### Polish and Finish up

- Polish sink faucet, shower and tub faucets with glass cleaner.
- Wipe down sanitized garbage receptacle and line with a garbage sack.
- Take dirty-washcloths-wrapped-in-towels and rug bundle to laundry room.
- Sweep and mop floor, using disinfectant spray.
- Organize and wipe out cleaning caddy; put away.
- Nicely hang clean towels, using correct towels for each bathroom.

**Print the 2 pages above back to back on a single sheet of paper and laminate it.**

**Cleaning Caddy** should be stored in bathroom vanity and should contain:

Dishsoap,	Stiff, bristled brushes	Squeegee, small
Glass cleaner	Soap Scum Remover	Furniture Polish
Disinfectant spray	Microfiber washcloths	Microfiber Washcloths
Disinfectant scrub	long-handled duster	